

Gold 1		
Date	Time	Pool
Friday 3rd	5.30-7.00am	Wickford
-	-	-
Saturday 4th	9.00-11.00am	Becontree (50m)
Sunday 5th	12.00-2.00pm	Becontree (50m)
Monday 6th	5.30-7.00am	Billericay
Tuesday 7th	5.30-7.00am	Corringham
Wednesday 8th	-	-
Thursday 9th	5.30-7.00am	Corringham
Friday 10th	5.30-7.00am	Wickford or Corringham
Saturday 11th	9.00-11.00am	Becontree (50m)
Sunday 12th	12.00-2.00pm	Becontree (50m)
Monday 13th	5.30-7.00am	Billericay
Tuesday 14th	5.30-7.00am	Corringham
Wednesday 15th	-	-
Thursday 16th	5.30-7.00am	Corringham
Friday 17th	5.30-7.00am	Wickford or Corringham
Saturday 18th	9.00-11.00am	Becontree (50m)
Sunday 19th	12.00-2.00pm	Becontree (50m)

Gold 2		
Date	Time	Pool
-	-	-
Friday 3rd	3.30-5.30pm	New Hall (Chelmsford)
Saturday 4th	11.00-1.00pm	Becontree (50m)
Sunday 5th	2.00-4.00pm	Becontree (50m)
Monday 6th	-	-
Tuesday 7th	5.30-7.00am	Billericay
Wednesday 8th	5.30-7.00am	Corringham
Thursday 9th	-	-
Friday 10th	5.30-7.00am	Wickford or Corringham
Saturday 11th	11.00-1.00pm	Becontree (50m)
Sunday 12th	2.00-4.00pm	Becontree (50m)
Monday 13th	-	-
Tuesday 14th	5.30-7.00am	Billericay
Wednesday 15th	5.30-7.00am	Corringham
Thursday 16th	-	-
Friday 17th	5.30-7.00am	Wickford or Corringham
Saturday 18th	11.00-1.00pm	Becontree (50m)
Sunday 19th	2.00-4.00pm	Becontree (50m)

Gold 3		
Date	Time	Pool
Friday 3rd	5.30-7.00am	Corringham
Friday 3rd	3.30-5.30pm	New Hall (Chelmsford)
Saturday 4th	11.00-1.00pm	Becontree (50m)
Sunday 5th	2.00-4.00pm	Becontree (50m)
Monday 6th	5.30-7.00am	Corringham
Tuesday 7th	-	-
Wednesday 8th	5.30-7.00am	Wickford
Thursday 9th	-	-
Friday 10th	5.30-7.00am	Wickford or Corringham
Saturday 11th	11.00-1.00pm	Becontree (50m)
Sunday 12th	2.00-4.00pm	Becontree (50m)
Monday 13th	5.30-7.00am	Corringham
Tuesday 14th	-	-
Wednesday 15th	5.30-7.00am	Wickford
Thursday 16th	-	-
Friday 17th	5.30-7.00am	Wickford or Corringham
Saturday 18th	11.00-1.00pm	Becontree (50m)
Sunday 19th	2.00-4.00pm	Becontree (50m)

Development 1 & 2		
Date	Time	Pool
Sunday 5th	9.00-10.30	Becontree (50m)
Tuesday 7th	5.30-7.00am	Wickford
Thursday 9th	5.3-7.00am	Wickford
Sunday 12th	9.00-10.30	Becontree (50m)
Tuesday 14th	5.30-7.00am	Wickford
Thursday 16th	5.3-7.00am	Wickford
Sunday 19th	9.00-10.30	Becontree (50m)

Academy (All Groups)		
Date	Time	Pool
Friday 3rd	6.30-7.30pm	South Woodham Ferrers
Monday 6th	6.30-7.30pm	James Hornsby School
Friday 10th	6.30-7.30pm	South Woodham Ferrers
Monday 13th	6.30-7.30pm	James Hornsby School
Friday 17th	6.30-7.30pm	South Woodham Ferrers

Silver 1		
Date	Time	Pool
Friday 3rd	5.30-7.00am	Billericay
Saturday 4th	9.00-11.00am	Becontree (50m)
Sunday 5th	12.00-2.00pm	Becontree (50m)
Monday 6th	5.30-7.00am	Wickford
Tuesday 7th	-	-
Wednesday 8th	5.30-7.00am	Billericay
Thursday 9th	5.30-7.00am	Billericay
Friday 10th	-	-
Saturday 11th	9.00-11.00am	Becontree (50m)
Sunday 12th	12.00-2.00pm	Becontree (50m)
Monday 13th	5.30-7.00am	Wickford
Tuesday 14th	-	-
Wednesday 15th	5.30-7.00am	Billericay
Thursday 16th	5.30-7.00am	Billericay
Friday 17th	-	-
Saturday 18th	9.00-11.00am	Becontree (50m)
Sunday 19th	12.00-2.00pm	Becontree (50m)

Silver 2		
Date	Time	Pool
Friday 3rd	5.30-7.00am	Billericay
Saturday 4th	1.00-2.30pm	Becontree (50m)
Sunday 5th	10.30-12.00am	Becontree (50m)
Monday 6th	5.30-7.00am	Wickford
Tuesday 7th	-	-
Wednesday 8th	5.30-7.00am	Billericay
Thursday 9th	5.30-7.00am	Billericay
Friday 10th	-	-
Sunday 12th	10.30-12.00am	Becontree (50m)
Monday 13th	5.30-7.00am	Wickford
Tuesday 14th	-	-
Wednesday 15th	5.30-7.00am	Billericay
Thursday 16th	5.30-7.00am	Billericay
Friday 17th	-	-
Saturday 18th	-	-
Sunday 19th	10.30-12.00am	Becontree (50m)

Bronze		
Date	Time	Pool
Friday 3rd	7.30-8.30pm	South Woodham Ferrers
Saturday 4th	1.00-2.30pm	Becontree (50m)
Sunday 5th	10.30-12.00am	Becontree (50m)
Friday 10th	5.30-7.00am	Billericay
Sunday 12th	10.30-12.00am	Becontree (50m)
Friday 17th	5.30-7.00am	Billericay
Sunday 19th	10.30-12.00am	Becontree (50m)

Masters		
Date	Time	Pool
Sunday 5th	2.00-3.30pm	South Woodham Ferrers
Friday 10th	7.30-8.30pm	South Woodham Ferrers
Sunday 12th	2.30-4.00pm	James Hornsby School
Friday 17th	7.30-8.30pm	South Woodham Ferrers