

EVENT CONDITIONS

Licence No. 3ER260762



BPSC SPRING SC MEET 2026

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Event	BPSC SPRING SC MEET 2026
Date	16th / 17th May 2026
Venue	Basildon Sporting Village, Cranes Farm Road, Basildon, Essex SS14 3GR
Pool	25m, 8 Lane pool with Electronic timing and swim down facilities. A secondary strobe for the starting system will be available
Level	3
Age Groups	9,10,11,12,13,14,15,16+
Age on Day	17th May 2026
Awards	Top 3 in each Age Group
Events	All 50's, 100'S, 200's and 400's
Race Entry Fee	£8.00 per event
Spectator Entrance Fee	£10.00 per day
Entries Returned to	Via club website www.basildonswimming.org
All Enquiries to	galas@phoenixbasildonsc.org
Closing Time / Date	11:00pm Saturday 9th May 2026
Meet Promoter	Nigel Bear

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RACE SCHEDULE

SATURDAY 16th May 2026

Session 1

Warm-Up for Female	1:30pm
Warm-Up for Male / Open	1:50pm
Start	2:15pm

Event 1	Female 400m Freestyle
Event 2	Male / Open 400m IM
Event 3	Female 50m Backstroke
Event 4	Male / Open 50m Breaststroke
Event 5	Female 100m Breaststroke
Event 6	Male / Open 200m Freestyle
Event 7	Female 200m Butterfly
Event 8	Male / Open 100m Backstroke

Session 2

Warm-Up for Female	TBC
Warm-Up for Male / Open	TBC
Start	TBC

Event 9	Female 200m IM
Event 10	Male / Open 200m Breaststroke
Event 11	Female 100m Butterfly
Event 12	Male / Open 100m Freestyle
Event 13	Female 200m Backstroke
Event 14	Male / Open 50m Butterfly
Event 15	Female 50m Freestyle
Event 16	Male / Open 100m IM

SUNDAY 17th May 2026

Session 3

Warm-Up for Male / Open	1:30pm
Warm-Up for Female	1:50pm
Start	2:15pm

Event 17	Male / Open 400m Freestyle
Event 18	Female 400m IM
Event 19	Male / Open 50m Backstroke
Event 20	Female 50m Breaststroke
Event 21	Male / Open 100m Breaststroke
Event 22	Female 200m Freestyle
Event 23	Male / Open 200m Butterfly
Event 24	Female 100m Backstroke

Session 4

Warm-Up for Male / Open	TBC
Warm-Up for Female	TBC
Start	TBC

Event 25	Male / Open 200m IM
Event 26	Female 200m Breaststroke
Event 27	Male / Open 100m Butterfly
Event 28	Female 100m Freestyle
Event 29	Male / Open 200m Backstroke
Event 30	Female 50m Butterfly
Event 31	Male / Open 50m Freestyle
Event 32	Female 100m IM

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Rules and Conditions

1. The event will be held under Swim England laws and regulations, Swim England Technical rules of racing and to the Swim England Meet Licensing Criteria.
2. The gala shall be held in a 25m, 8 Lane pool with Electronic timing. The pool depth is 1.8m throughout and a secondary strobe for the starting system will be available.
3. Entrants must be registered as Club Compete with Swim England and belong to an affiliated club.
4. Entries will be made using female and male/open competition categories. You will notice a transition into the use of Female and Open/Male as the new competition categories, following the launch of the Swim England Transgender and Non-Binary Competition Policy on 1st September 2023.
5. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
6. Competitors' ages shall be as on the last day of the meet.
7. All entries must be Short Course times or Long Course times converted to Short Course (whichever is the fastest). Times should be converted using the Sportsystem converter.
8. Clubs that have more than 5 swimmers attending the meet must submit their entries as a Club entry. All club entries must be made electronically by submitting a SportSystems Entry Manager file and the entry fees via the club's online site. All files and payments must be submitted before the entries closing date. The SportSystems entry file can be downloaded from the BPSC website and is also available upon request from the Gala Promoter at galas@phoenixbasildonsc.org. Please note that entries cannot be accepted or considered until full payment has been received.
9. All swimmers aged 9 and over can swim all events. As this is a Level 3 competition swimmers without times can still enter but need to provide an estimated time (refer to their coach to get an estimate or enter the following: 50m events: 00:59.99, 100m events: 01:59.99, 200m events: 03:59.99). Please consult with their coach to ensure that they enter appropriate events for their ability.
10. ALL entries must be submitted online via the Gala Organiser website. Full instructions are online at www.basildonswimming.org. Entries cannot be posted or emailed.
11. All entries must be slower than the Upper Limit Time (ULT) listed in these conditions.
12. Entries for this meet are accepted on a first come, first served basis. Once the meet has reached capacity, no further entries will be accepted.
13. The list of accepted entries will be published / available for download from the club website (www.basildonswimming.org) shortly after the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes or changes that may be required. Club contacts will be notified of rejections where/if appropriate.
14. **There will be no refunds of entry fees unless the entries are rejected by the organisers for any reason.**
15. Club contacts will be notified of rejections.
16. The meet promoter will check entries against the Aquatics GB database. Falsely entered times will be rejected without refund.
17. This is a WITHDRAWAL Event – Swimmers not intending to swim must withdraw by 10pm the day before the Swimmer is due to swim the event (e.g. swim on Saturday, email withdrawal to promoter by 10pm on the Friday). Details required in the email are: Full Name, SE No, Session No, Event No, Stroke, Distance. Please take the time to withdraw so that lanes are not left empty. Any on the day withdrawals must be submitted by the coach at least 45 minutes before the start of the first event in each session.
18. In order to be able to use all 8 lanes, BPSC require parents from all participating clubs to volunteer to be officiate at this gala. Our dress code is white tops, black trousers or skirts or (knee length) shorts.
19. Spectator admission will be from the start of Warm up. Spectator Tickets can be purchased prior to the event online or on the day at the spectator entrance. It is preferred that payment be made by contactless payment on the day.

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20. Competitors must report to the marshalling area 15 mins before the start of their event where they will be given their start order. Any swimmer not reporting may be deemed to have withdrawn from that event.
21. All events are HDW. Swimmers will be seeded with the fastest swimmers competing last in each event.
22. The top three in each age groups will receive awards. A competitor who has been disqualified will not receive an award. There will be spot prizes throughout the event.
23. There will not be any On the Day entries for this meet.
24. The promoters reserve the right to refuse admission to any competitor or spectator.
25. The promoters do not accept responsibility for any property. Lockers are available in the changing rooms and should be used for keeping all belongings safe. To use a locker, you will need a £1 coin or your own lock.
26. Basildon & Phoenix uses a computer to manage entries and results. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Aquatics GB. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
27. Please help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways, report any issues immediately to a member of the pool staff or to the Open Meet Promoter. **Folding chairs are not allowed on poolside.**
28. Warm up protocol: Strictly no diving during any warm-up sessions, except in the designated sprint lanes, odd lanes will swim clockwise (1, 3, 5, 7) even lanes (2, 4, 6, 8) will swim counter-clockwise. Swimmers using sprint lanes must swim 15 metres before slowing up. All swimmers must leave the water by the side of the pool & not over the timing pads. Coaches should manage the lanes their swimmers are using during the warmup sessions. Lanes will be allocated to clubs where appropriate.
29. BPSC accepts no responsibility for loss or damage to personal property and requests that all persons remove their belongings if they leave the premises at any time. Any lost property not claimed from the announcer during the meet will be handed to Pool Management for collection by the owner.
30. Anyone attending the gala wishing to use camera, video or digital image-capturing devices (including mobile phones and tablet devices) may do so without the need to register their details with the meet organiser.
31. All participants (including swimmers, coaches, volunteers, team managers, officials, parents / carers and spectators) are required to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Safeguarding Policy and Procedures, 'Wavepower' provides guidance on the use of social networking and guidance on photography.
32. **The use of a mobile phone or device in the changing area and on the poolside is prohibited at all times during this meet. No filming or photos are to be taken by anyone on the poolside at any point during the meet.**
33. All entrants must ensure that the correct number of Coaches and Team Managers will be present on poolside in accordance with the Swim England Team Manager, Coach and Chaperone policy introduced on 1st September 2023. This can be viewed at <https://www.swimming.org/swimengland/board-policy-documents/> The required number of Poolside Passes for the each session must be purchased prior to the commencement of the first session.
34. Poolside Passes cost £10 per day and must be purchased online when entering swimmers. Every Coach and Team Manager will require a Poolside Pass to gain access to the poolside. They will not be sold on the day of the gala.
35. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No outdoor shoes are allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear. No glass bottles or containers are allowed in the changing rooms and pool areas.
36. Spectators, officials and competitors must observe the safety precautions in operation at Basildon Sporting Village and are asked to familiarise themselves with the location of all emergency exits. All parties must abide by

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any rules laid down by the venue management. Neither the Meet Management, the Promoters nor BPSC will be responsible for any loss or damage occurring during this meet.

37. Coaches or Team Managers are responsible for the swimmers' conduct at all times. Swimmers should not access other areas of the Sports Centre (i.e. Sports Hall, Running Track, Gym, etc.) and should not congregate in the changing areas unless they are in the marshalling area waiting for their race or getting changed. Swimmers who access other areas of the Sports Centre may be asked to leave the venue for the remainder of the meet.
38. Coaches or Team Managers are responsible for ensuring that their area on the poolside is left tidy and all rubbish is removed at the end of the day.
39. Travel expenses for officials can be claimed in line with the conditions laid out by SE East Region policy (dated August 2023) which can be viewed at <https://www.eastswimming.org/wp-content/uploads/2023/08/Swim-England-East-Region-Swimming-Technical-Officials-and-Volunteers-Expenses-Policy-%E2%80%93-Aug-2023-docx.pdf>
40. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
41. Results will be available on the Club website as soon as possible after the meet and uploaded to Aquatics GB for entry into the Rankings database.
42. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws.
43. The expected finish time each day will be approximately 9.00pm.

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UPPER LIMIT QUALIFYING TIMES

(Entry times cannot be faster than these short course times)

		Female Upper Limit Qualifying Times							
		9	10	11	12	13	14	15	16+
Freestyle	50m	31.0	29.5	27.5	27.2	26.9	26.5	26.0	24.0
	100m	1.08.0	1.05.0	1.01.5	1.00.0	58.5	57.5	56.5	54.0
	200m	2.30.0	2.16.0	2.10.0	2.07.0	2.04.0	2.01.5	2.00.0	1.58.0
	400m	5.10.0	4.45.00	4.35.0	4.30.0	4.22.0	4.16.0	4.12.0	4.05.0
Breaststroke	50m	40.0	38.0	36.5	35.5	34.0	32.5	31.5	30.5
	100m	1.28.0	1.24.0	1.19.0	1.17.5	1.15.5	1.13.5	1.11.5	1.08.0
	200m	3.20.0	3.04.5	2.57.0	2.54.5	2.48.5	2.41.5	2.36.0	2.29.5
Butterfly	50m	36.0	33.0	31.5	30.7	30.0	29.0	28.0	26.0
	100m	1.16.0	1.12.5	1.09.0	1.07.0	1.05.5	1.03.5	1.02.0	59.5
	200m	3.05.0	2.44.0	2.34.0	2.28.0	2.23.0	2.19.0	2.16.0	2.12.0
Backstroke	50m	36.0	33.5	32.0	31.0	30.0	29.0	28.0	27.0
	100m	1.16.0	1.12.5	1.09.0	1.07.5	1.06.0	1.04.5	1.03.0	1.00.5
	200m	2.50.0	2.33.0	2.27.5	2.24.0	2.20.5	2.18.5	2.16.0	2.14.0
Individual Medley	100m	1.19.0	1.15.0	1.12.0	1.09.0	1.07.0	1.04.5	1.03.0	1.01.5
	200m	2.55.0	2.41.0	2.33.0	2.28.0	2.23.0	2.21.0	2.16.0	2.11.5
	400m	6.05.0	5.30.0	5.15.0	5.05.0	4.55.0	4.50.0	4.45.0	4.40.0

		Open / Male Upper Limit Qualifying Times							
		9	10	11	12	13	14	15	16+
Freestyle	50m	31.0	29.5	27.5	26.0	25.0	24.5	24.0	23.0
	100m	1.08.0	1.05.0	1.01.5	58.0	56.0	55.0	53.5	52.5
	200m	2.30.0	2.16.0	2.10.0	2.04.0	2.00.0	1.57.0	1.54.0	1.51.0
	400m	5.10.0	4.45.0	4.35.0	4.27.0	4.19.0	4.10.0	4.04.0	4.00.0
Breaststroke	50m	40.0	38.0	36.5	34.5	33.0	31.0	29.5	28.0
	100m	1.28.0	1.24.0	1.19.0	1.14.0	1.11.5	1.09.5	1.07.5	1.05.0
	200m	3.20.0	3.04.5	2.57.0	2.50.0	2.35.5	2.29.5	2.23.5	2.18.0
Butterfly	50m	36.0	33.0	31.5	30.0	28.25	27.0	25.5	24.5
	100m	1.16.0	1.12.5	1.09.0	1.04.0	1.01.0	59.0	57.5	56.0
	200m	3.05.0	2.44.0	2.32.0	2.22.0	2.17.0	2.13.0	2.10.0	2.08.0
Backstroke	50m	36.0	33.5	32.0	30.5	29.5	28.5	26.5	25.5
	100m	1.16.0	1.12.5	1.09.0	1.06.0	1.02.0	1.00.0	58.0	56.0
	200m	2.50.0	2.33.0	2.27.5	2.22.0	2.16.5	2.12.0	2.08.0	2.03.0
Individual Medley	100m	1.19.0	1.15.0	1.12.0	1.08.0	1.05.5	1.03.0	1.00.5	58.5
	200m	2.55.0	2.41.0	2.33.0	2.26.0	2.19.0	2.13.0	2.08.0	2.04.0
	400m	6.05.0	5.30.0	5.10.0	4.55.0	4.40.0	4.29.0	4.20.0	4.15.0