

EVENT CONDITIONS

Licence No.



BPSC SPRING SC MEET 2025

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Event	BPSC SPRING SC MEET 2025
Date	22nd / 23rd March 2025
Venue	Basildon Sporting Village, Cranes Farm Road, Basildon, Essex SS14 3GR
Pool	25m, 8 Lane pool with Electronic timing and swim down facilities. A secondary strobe for the starting system will be available
Level	3
Age Groups	9,10,11,12,13,14,15,16+
Age on Day	23rd March 2025
Awards	Top 3 in each Age Group
Events	All 50's, 100'S, 200's and 400's
Race Entry Fee	£7.80 per event
Spectator Entrance Fee	£7.00 per day/part of (£3.00 for programme)
Entries Returned to	Via club website www.basildonswimming.org
All Enquiries to	galas@phoenixbasildonsc.org
Closing Time / Date	11:00pm Saturday 15th March 2025
Meet Promoter	Nigel Bear

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Rules and Conditions

1. The event will be held under Swim England laws and regulations, Swim England Technical rules of racing and to the Swim England Meet Licensing Criteria.
2. Entries may only be accepted from competitors registered as members of SE Club Compete.
3. Entries will be made using female and male/open competition categories. You will notice a transition into the use of Female and Open/Male as the new competition categories, following the launch of the Swim England Transgender and Non-Binary Competition Policy on 1st September 2023.
4. The Female category is for birth sex females in accordance with Swim England's Transgender and Non-Binary Competition Policy. By entering the 'Female' category, a swimmer confirms that their birth sex is female.
5. **Competitors' ages shall be as on the last day of the competition.**
6. All entries must be Short Course times or Long Course times converted to Short Course (whichever is the fastest).
7. **All swimmers aged 9 and over can swim all events. As this is a Level 3 competition swimmers without times can still enter but need to provide an estimated time (refer to their coach to get an estimate, or enter the following: 50m 00:59.99, 100m 01:59.99, 200m 03:59.99). Please consult with their coach to ensure that they enter appropriate events for their ability.**
8. **ALL entries MUST be submitted online via our website at www.basildonswimming.org Full instructions are online, ENTRIES CANNOT BE POSTED OR EMAILED.**
9. All entries must be slower than the Upper Limit Time (ULT) listed.
10. **THIS EVENT IS FIRST COME FIRST SERVED.**
11. The list of accepted entries will be published/available for download from the club website (www.phoenixbasildon.org) shortly after the closing date. It is the competing club/swimmer's responsibility to check this list for accuracy and advise immediately of any mistakes or changes that may be required. Club contacts will be notified of rejections where/if appropriate.
12. **There will be no refunds of entry fees unless the entries are rejected by the organisers for any reason.**
13. Club contacts will be notified of rejections where/if appropriate. All rejected entries (where events are over-subscribed) will be kept on a reserve list. Clubs notified of rejection should make their members aware that they will automatically be on the reserve list. The reserve list for each event applicable will be published. Swimmers on the reserve list who wish to swim must confirm by email by 10am on the morning of the meet.
14. The meet promoter will check entries against the British Rankings database. Falsely entered times will be rejected without refund.
15. This is a WITHDRAWAL Event – Swimmers not intending to swim must withdraw by 10pm the day before the Swimmer is due to swim the event (e.g. swim on Saturday, email withdrawal to promoter by 8pm Friday). Details required in the email are: Full Name, SE No, Session No, Event No, Stroke, Distance. Please take the time to withdraw so that lanes are not left empty.
16. Spectator admission will be from the start of Warm up. Spectator Tickets can be purchased prior to the event online Or on the day at the spectator entrance. It is preferred that payment be made by contactless payment on the day.
17. Competitors must report to the marshalling area 15 mins before the start of their event where they will be given their start order. Any swimmer not reporting may be deemed to have withdrawn from that event.
18. In HDW Events all Events will be seeded with fastest swimmers swimming last.
19. The top three in each age groups will receive awards. A competitor who has been disqualified will not receive an award. There will be spot prizes throughout the event.
20. **There will NOT be any On the Day entries for this event.**
21. The promoters reserve the right to refuse admission to any competitor or spectator.

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22. The promoters do not accept responsibility for any property. Lockers are available in the changing rooms and should be used for the safe keeping of all belongings. To use the locker, you will need a £1 coin.
23. Basildon & Phoenix uses a computer to manage entries and results. The Data Protection Act 2018 requires us to provide you with certain information and to obtain your consent before processing data about you. Processing includes obtaining, recording, holding, disclosing, destruction or retaining information. We require certain personal data for the purposes of making entries to the competition, managing the meet and the submission of results to Rankings. The information provided by you will be processed in accordance with the Data Protection Act 2018. Consent to process such personal data is deemed to have been given by the submission of the entry. Where the personal data of competitors, officials and coaches/team managers has been passed to us by a third party such as a club rather than by the individuals themselves, we rely on the third party to ensure that consent has been obtained.
24. Please help to maintain a high standard of health and safety by not blocking stairways, emergency exits and walkways, report any issues immediately to a member of the pool staff or to the Open Meet Promoter. **Folding chairs are not allowed on poolside.**
25. Warm up protocol: Strictly no diving during any warm-up sessions, except in the designated sprint lanes, odd lanes will swim clockwise (1, 3, 5, 7) even lanes (2, 4, 6, 8) will swim counter-clockwise. Swimmers using sprint lanes must swim 15 metres before slowing up. All swimmers must leave the water by the side of the pool & not over the timing pads. Coaches should manage the lanes their swimmers are using during the warmup sessions. Lanes will be allocated to clubs where appropriate. We will have both 25m pools for the warm up session.
26. **There is to be no diving in the shallow warm-up / cool down pool (i.e. non scoreboard end of the venue) at any point during the meet.**
27. BPSC accepts no responsibility for loss or damage to personal property and requests that all persons remove their belongings if they leave the premises at any time. Any lost property not claimed from the announcer during the meet will be handed to Pool Management for collection by the owner.
28. Anyone attending the gala wishing to use camera, video or digital image-capturing devices (including mobile phones and tablet devices) may do so without the need to register their details with the meet organiser.
29. All participants (including swimmers, coaches, volunteers, team managers, officials, parents / carers and spectators) are required to follow the Swim England guidelines for photography and use of photographs on social media. The Swim England Safeguarding Policy and Procedures, 'Wavepower' provides guidance on the use of social networking and guidance on photography.
30. **The use of a mobile phone or device in the changing area and on the poolside is prohibited at all times during this meet.**
31. All entrants must ensure that the correct number of Coaches and Team Managers will be present on poolside in accordance with the Swim England Team Manager, Coach and Chaperone policy introduced on 1st September 2023. This can be viewed at <https://www.swimming.org/swimengland/board-policy-documents/> The required number of Poolside Passes for the each session must be purchased prior to the commencement of the first session.
32. Poolside Passes cost £10 per day and must be purchased online when entering swimmers. Every Coach and Team Manager will require a Poolside Pass to gain access to the poolside. They will not be sold on the day of the gala.
33. Competitors must be suitably dressed and with the appropriate footwear whilst on poolside. No outdoor shoes are allowed on poolside unless exclusively used for the purpose of poolside shoes. Swimmers are not allowed elsewhere in the building or in the spectator area with wet swimwear. No glass bottles or containers are allowed in the changing rooms and pool areas.
34. Spectators, officials and competitors must observe the safety precautions in operation at Basildon Sporting Village and are asked to familiarise themselves with the location of all emergency exits and must abide by any rules laid down by the venue management. Neither the Meet Management, the Promoters nor BPSC will be responsible for any loss or damage occurring during this Meet.
35. Coaches or Team Managers are responsible for the swimmers' conduct at all times. Swimmers should not access other areas of the Sports Centre (i.e. Sports Hall, Running Track, Gym, etc.) and should not congregate in the changing areas unless they are in the marshalling area waiting for their race or getting changed. Swimmers who access other areas of the Sports Centre may be asked to leave the venue for the remainder of the meet.

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36. Coaches or Team Managers are responsible for ensuring that their area on the poolside is left tidy and all rubbish is removed at the end of the day.
37. Travel expenses for officials can be claimed in line with the conditions laid out by SE East Region policy (dated August 2023) which can be viewed at <https://www.eastswimming.org/wp-content/uploads/2023/08/Swim-England-East-Region-Swimming-Technical-Officials-and-Volunteers-Expenses-Policy-%E2%80%93-Aug-2023-docx.pdf>
38. By submitting an entry, competitors and coaches are agreeing to be bound by these rules.
39. Results will be available on the Club website as soon as possible after the meet.
40. Any matter not covered by these conditions will be determined by the Promoter and Referee, subject to Swim England Laws.
41. Expected finish time each day will be approximately 9.00pm.

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RACE SCHEDULE

SATURDAY 22nd MARCH 2025

Session 1

Warm-Up for Male / Open	1:30pm
Warm-Up for Female	1:50pm
Start	2:15pm

Event 1	Male / Open 400m Freestyle
Event 2	Female 400m IM
Event 3	Male / Open 50m Backstroke
Event 4	Female 100m Backstroke
Event 5	Male / Open 200m Butterfly
Event 6	Female 50m Freestyle
Event 7	Male / Open 100m Breaststroke
Event 8	Female 200m Breaststroke

Session 2

Warm-Up for Male / Open	TBC
Warm-Up for Female	TBC
Start	TBC

Event 9	Male / Open 200m IM
Event 10	Female 50m Breaststroke
Event 11	Male / Open 100m Freestyle
Event 12	Female 100m Butterfly
Event 13	Male / Open 50m Butterfly
Event 14	Female 200m Freestyle
Event 15	Male / Open 200m Backstroke
Event 16	Female 100m IM

SUNDAY 23rd March 2025

Session 3

Warm-Up for Female	1:30pm
Warm-Up for Male / Open	1:50pm
Start	2:15pm

Event 17	Female 400m Freestyle
Event 18	Male / Open 400m IM
Event 19	Female 50m Backstroke
Event 20	Male / Open 100m Backstroke
Event 21	Female 200m Butterfly
Event 22	Male / Open 50m Freestyle
Event 23	Female 100m Breaststroke
Event 24	Male / Open 200m Breaststroke

Session 4

Warm-Up for Female	TBC
Warm-Up for Male / Open	TBC
Start	TBC

Event 25	Female 200m IM
Event 26	Male / Open 50m Breaststroke
Event 27	Female 100m Freestyle
Event 28	Male / Open 100m Butterfly
Event 29	Female 50m Butterfly
Event 30	Male / Open 200m Freestyle
Event 31	Female 200m Backstroke
Event 32	Male / Open 100m IM

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UPPER LIMIT QUALIFYING TIMES

(Entry times cannot be faster than these times)

		Female Upper Limit Qualifying Times							
		9	10	11	12	13	14	15	16+
Freestyle	50m	31.0	29.5	27.5	27.2	26.9	26.5	26.0	24.0
	100m	1.08.0	1.05.0	1.01.5	1.00.0	58.5	57.5	56.5	54.0
	200m	2.30.0	2.16.0	2.10.0	2.07.0	2.04.0	2.01.5	2.00.0	1.58.0
	400m	5.10.0	4.45.00	4.35.0	4.30.0	4.22.0	4.16.0	4.12.0	4.05.0
Breaststroke	50m	40.0	38.0	36.5	35.5	34.0	32.5	31.5	30.5
	100m	1.28.0	1.24.0	1.19.0	1.17.5	1.15.5	1.13.5	1.11.5	1.08.0
	200m	3.20.0	3.04.5	2.57.0	2.54.5	2.48.5	2.41.5	2.36.0	2.29.5
Butterfly	50m	36.0	33.0	31.5	30.7	30.0	29.0	28.0	26.0
	100m	1.16.0	1.12.5	1.09.0	1.07.0	1.05.5	1.03.5	1.02.0	59.5
	200m	3.05.0	2.44.0	2.34.0	2.28.0	2.23.0	2.19.0	2.16.0	2.12.0
Backstroke	50m	36.0	33.5	32.0	31.0	30.0	29.0	28.0	27.0
	100m	1.16.0	1.12.5	1.09.0	1.07.5	1.06.0	1.04.5	1.03.0	1.00.5
	200m	2.50.0	2.33.0	2.27.5	2.24.0	2.20.5	2.18.5	2.16.0	2.14.0
Individual Medley	100m	1.19.0	1.15.0	1.13.0	1.09.0	1.07.0	1.04.5	1.03.0	1.01.5
	200m	2.55.0	2.41.0	2.33.0	2.28.0	2.23.0	2.21.0	2.16.0	2.11.5
	400m	6.05.0	5.30.0	5.15.0	5.05.0	4.55.0	4.50.0	4.45.0	4.40.0

		Open / Male Upper Limit Qualifying Times							
		9	10	11	12	13	14	15	16+
Freestyle	50m	31.0	29.5	27.5	26.0	25.0	24.5	24.0	23.0
	100m	1.08.0	1.05.0	1.01.5	58.0	56.0	55.0	53.5	52.5
	200m	2.30.0	2.16.0	2.10.0	2.04.0	2.00.0	1.57.0	1.54.0	1.51.0
	400m	5.10.0	4.45.0	4.35.0	4.27.0	4.19.0	4.10.0	4.04.0	4.00.0
Breaststroke	50m	40.0	38.0	36.5	34.5	33.0	31.0	29.5	28.0
	100m	1.28.0	1.24.0	1.19.0	1.14.0	1.11.5	1.09.5	1.07.5	1.05.0
	200m	3.20.0	3.04.5	2.57.0	2.50.0	2.35.5	2.29.5	2.23.5	2.18.0
Butterfly	50m	36.0	33.0	31.5	30.0	28.5	27.0	25.5	24.5
	100m	1.16.0	1.12.5	1.09.0	1.04.0	1.01.0	59.0	57.5	56.0
	200m	3.05.0	2.44.0	2.32.0	2.22.0	2.17.0	2.13.0	2.10.0	2.08.0
Backstroke	50m	36.0	33.5	32.0	30.5	29.5	28.5	26.5	25.5
	100m	1.16.0	1.12.5	1.09.0	1.06.0	1.02.0	1.00.0	58.0	56.0
	200m	2.50.0	2.33.0	2.27.5	2.22.0	2.16.5	2.12.0	2.08.0	2.03.0
Individual Medley	100m	1.19.0	1.15.0	1.13.0	1.08.0	1.05.5	1.03.0	1.00.5	58.5
	200m	2.55.0	2.41.0	2.33.0	2.26.0	2.19.0	2.13.0	2.08.0	2.04.0
	400m	6.05.0	5.30.0	5.10.0	4.55.0	4.40.0	4.29.0	4.20.0	4.15.0